



Harrogate and District  
NHS Foundation Trust

# Harrogate and District NHS Foundation Trust

Growing Healthy

0-25 Family Health Service

# Supporting School Attendance

## Emotional Health and Resilience Team

Universal offer, providing short-term, low level interventions to children and young people

- 1:1 sessions
- Small group work
- 1:1 guided self-help
- Group psycho-education
- Parent led CBT
- Duty Line for professionals and families, Monday-Friday 9-5pm 03000 263532

**[hdft.0-25ehrt@nhs.net](mailto:hdft.0-25ehrt@nhs.net)**

# Supporting School Attendance

## Emotional Health and Resilience Team

### Collaborative and Partnership Working

- Representation on CYPMH Partnership
- Senior Mental Health Lead in School training
- YAM (Youth Awareness of Mental Health)
- Anxiety based school avoidance (Fearless)
- Bereavement and Critical Incident response

### Prevention & Early Intervention

- Decider Training
- Child Wellbeing Practitioner Interventions
- Whole school and classroom delivery e.g. exam stress, transitions

# Supporting School Attendance

## The Emotional Health Resilience Team

- Provide support to year 6 students around transition to secondary school
- 1-1 work with young people who are not attending education due to anxiety and low level mental health concerns, supporting them to remain or return to school.
- 1:1 support around managing anxiety (if appropriate to level of need)
- Liaise with school /partner agencies to look at a reintegration plan into school where appropriate and support to access specialist services where appropriate e.g CAMHS

# Supporting School Attendance

## Health Visitors and Family Health Practitioners

- Encourage and support parents to access the County Durham Early Years provision and apply for school places, communicating the importance of learning environments.

## Family Health Nurses

- Offer Health Needs Assessments (HNA) to determine if there are any health needs preventing the child or young person from attending school, making appropriate referrals where necessary.
- Consider the wider family to assess other factors that might influence school attendance e.g. Parental mental health issues and identifying Young Carer's.

# Supporting School Attendance

## **Educated Other Than At School (EOTAS) Nurse**

A designated nurse, who is informed of new EOTAS cases and offers

- Face to face home visits,
- Complete Health Needs Assessments,
- Telephone contacts and follow up letters.
- Links with the Gypsy, Roma, Traveller (GTR) community and supports screening clinics for vision, height and weight of children not attending school.

# Supporting School Attendance

## Youth Practitioners

- Work with young people aged 11-19 (25 if the young person has additional special needs) supporting them to develop healthy relationships and build life skills.
- Offer low level support, with a strong focus on developing the personal, social, emotional and mental health and wellbeing of young people in County Durham.
- Help to build confidence, self-esteem and build friendships, through community based activities and groups
- Provide practical support to young people to access a suitable provision e.g. learning how to catch a bus, open a bank account, visiting education sites with them.
- Referring wider members of the family for community and statutory support
- EOTAS Group in Horden-Weekly group for young people not currently on a school roll. Offers a safe space for young people and their parents and carers to develop social skills and relationships.

# Supporting School Attendance

## The SEND Team

- Support CYP to achieve good school attendance by supporting their physical and emotional health.
- Ensure that any health inequalities children and young people may experience due to their additional needs, are assessed and an appropriate plan is made.
- Offer support to parents around sleep or behaviour if required, which is often a common barrier to accessing education.
- Refer onto specialist therapy services to ensure that all health needs are met within the School setting.

## Children in Care Nurses

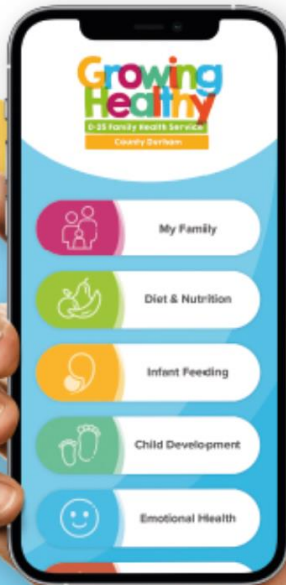
- Liaise directly with other professional's within the care team meetings to ensure current provision is meeting the needs of the young person.
- Liaise with foster carers to ensure any issues are highlighted and resolved to ensure school attendance.
- Liaise directly with specialist provision providers utilising the voice of the young person to choose where they feel best suits their needs if they are unhappy with their current educational setting.



# Supporting School Attendance



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**Growing Healthy**  
County Durham 0-25 App



NEW

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# Supporting School Attendance

- Meet our Service
- Essential Services Locator
- Family Hubs
- Supporting Dads and Male Carers
- Emotional Health
- SEND
- Health Chat



# Supporting School Attendance

Emotional Health and Resilience Team

03000 263532

[hdft.0-25ehrt@nhs.net](mailto:hdft.0-25ehrt@nhs.net)

0-6 Family Health Service SPOC

03000 263 538

6-25 Family Health Service SPOC

03000 269 875

Youth Practitioner Team

[hdft.11-25youthpractitioners@nhs.net](mailto:hdft.11-25youthpractitioners@nhs.net)